

RIDGE YOUTH SPORTS INC. LACROSSE



REGISTRATION

SPRING 2015 SEASON

WHO Basking Ridge residents, boys 3rd - 8th grade, boys & girls K - 2nd grade.

WHERE Practice for all levels will be held twice per week in Basking Ridge after township fields open (schedule subject to field availability prior to township fields opening). Days, times and park locations TBA. Games and tournaments for 3rd through 8th graders will be played both in Basking Ridge and surrounding towns.

WHEN K - 2nd grade season runs from approx. April 1 through June 7, 2015; 3rd - 8th grade season runs from approx. March 1 through June 7, 2015.

COST \$125 for players in K - 2nd grade. \$275 for players in 3rd - 8th grade.

REGISTRATION Go to www.ridgeyouthsports.com to register online from **November 1 through December 31, 2014**. **LATE FEE:** A \$50 late fee will be added to all registrations received after December 31, 2014.

FORMS All registered players are required to submit a Power of Attorney Form and a Medical Form **prior to their first practice or March 15, whichever comes first.**

US LACROSSE All players in grades 2 - 8 are required to have a valid US Lacrosse membership with an expiration date no earlier than June 30, 2015.

PLAYER EQUIPMENT All players will need the following equipment for practices and games: helmet, shoulder pads, gloves, arm pads, mouth guard, cup, cleats and lacrosse stick. Both boys and girls will need this equipment as we are teaching boys' style lacrosse.

COACHES NEEDED We are in need of volunteer coaches at every grade level. If you are interested, please email Dana Gibson at danagibson@earthlink.net.

Ridge Youth Sports, Inc. (RYSI) is a community-based, child-focused organization, which provides instructional and competitive programs for the benefit and enjoyment of the children that participate. The program focuses on life and athletic skill development, personal growth and fun. The goal of this organization is to instill life-long enjoyment and understanding of sports. The foundation of Ridge Youth Sports is based on the Seven Principles of Fair Play:

1. Make it Fun
2. Limit Standing Around
3. Everyone Plays
4. Teach Every Position to Every Participant
5. Emphasize the Fundamentals
6. Incorporate a Progression of Skill Development for Every Participant
7. Yell Encouragement, Whisper Constructive Criticism

ON-LINE REGISTRATION IS OPEN NOW
www.ridgeyouthsports.com

Ridge
YOUTH SPORTS INC.