



Ridge Flag Rugby Inaugural Season



Rugby is the fastest growing sport in the United States and returns to the Olympics this summer! Find out what it's all about!!

**Flag Rugby League to run June 13th through July 23rd
Open to all boys and girls grades K-9**

Focus: Self-confidence, the rules of rugby and skills including running, kicking, passing, space strategy and teamwork

Practices: Mondays and Wednesdays
6-7:30pm

Games: Saturdays 9:00am
(usually done by 11:00am)

*This first season all games will be away games



To register and order uniforms

<http://ridgeflagrugby.org>

We need coaches and you need Rugby

No one else you know at work or in town has ever coached Rugby...your coolness rating just doubled. You know you were destined for more than khaki pants, plaid shirts and an endless parade of power point decks.

We provide you with training (likely to be held on June 11th) and high school Ridge Rugby Club players will be on hand to help out.

Contact Libby West for more information: Libbyjwest@msn.com

Ridge Flag Rugby is a not for profit organization