## FREE Stroke Screening



## **Screening Includes:**

- **❖ Total Cholesterol, HDL**
- **❖ TC/HDL ratio**
- **❖ Blood Sugar**
- **❖ Blood Pressure**
- **❖ Pulse Check**
- Carotid Artery Exam

## Are You at Risk for Stroke?

You can reduce your risk for stroke.

- Start by becoming more aware of your risk factors – the personal characteristics and habits that may increase your chances of having a stroke.
- Some you can't change or control, some you can.
- Learn the warning signs of stroke and what to do if you or someone near you begins to exhibit signs of a stroke.

Date: Wed., May 18, 2016

Time: 1:00 pm to 4:00 pm

**Place: Senior Wellness Center** 

202 Mt. Airy Road Basking Ridge, NJ

07920

## Screening is FREE No Fasting Necessary

REGISTRATION IS REQUIRED

Register at: 908-204-2520
Registration starts 04/20/16

In conjunction with Bernards Township Health Department



