



Girls on Track is a 10 week running program for girls in Grades 6-8. The program is designed to educate and prepare girls for a lifetime of self-respect and healthy living. Girls will have fun training for the *Girls on the Run Central NJ* 5K race (June 7th) while making friends and learning about themselves as they mature.

The program emphasis is not on “running” but on having FUN! The girls are encouraged to set goals and meet them by walking or running and creating a healthier lifestyle for themselves.

WHO: Girls in Grades 6 – 8 (Please sign up early to reserve your spot!)
WHEN: Tuesdays & Thursdays March 24 – June 4 – *Excluding Spring Break*
TIME: 3:00– 4:30 (Municipal Alliance member chaperoned Study Hall at WAMS from 2:30-3:00)
WHERE: William Annin Middle School, Basking Ridge
FEE: \$30.00, registration includes T-Shirt

Registration for *Girls on Track*- application deadline: March 13, 2015

Student's Name _____ Grade _____

Parent Name _____ Email _____

Phone _____ Address _____

_____ **YES!** I'm available to chaperone a study hall from 2:30-3:00 Tuesday or Thursday
March 24th – June 4th - You will be contacted by email to schedule dates if needed.

**Send registration form and check for \$30.00 made payable to Bernards Township
Health Department:**

**Bernards Township Municipal Alliance
262 South Finley Ave., Basking Ridge, NJ 07920**

**Any questions, please contact Kaitlin Kordusky at (908) 204-2523 or email at
KKordusky@bernards.org**

