



FLAG FOOTBALL Kindergarten, 1st and 2nd Grades

Philosophy: The RYSI program is part of the USA Football organization that emphasizes “Fair Play” and participation. Along with USA Football, we strive to educate our young players about basic football concepts while emphasizing player safety, fun and equal participation. Our RYSI program is a great way to bring our community together and enjoy fall mornings and evenings, all while providing our young student-athletes an opportunity to learn basic football skills and teamwork in a fun-filled, non-competitive environment.

The players will be grouped into two age groups based on grades entered in Fall 2015:

- JV Conference for Kindergarten and 1st graders
- Varsity Conference for 2nd graders

The season runs from August 25th until October 31st

Week 1: August 25, 26 and 27 from 6:15 – 7:45 pm
Introduction to football skills and general evaluation.
Players will be assigned to teams.

Week 2: September 1, 2 and 3 from 6:15 – 7:30 pm
Players practice with their teams.

Weeks 3-8: Regular season begins September 9

JV Conference

- Monday practice
- Wednesday/Saturday games

Varsity Conference

- Monday practice
- Thursday/Saturday games

Weeknight practices/games 6:15 – 7:30 pm

Saturday games 8:00 –9:30 am

Fun events include “Friday Night Lights” games played at the RHS football field instead of a Saturday game.

Registration: \$175.00 per child and includes football pants, jersey, flags and field use.
All players must also wear a mouth guard, protective cup and cleats (purchased separately.)

To register, please go to www.ridgeyouthsports.com and click through from “Flag” to our new website link and then “Football,” “Flag Football” and “Registration.”

For questions, please email rysiflag@gmail.com