



January 11, 2018

Dear Parent or Guardian,

ARAMARK Education is proud to be entering our 14th year of service to the students of Bernards Township. Our K-8 schools operate under these guidelines to meet the following standards:

- One third of a child's daily calorie requirement
- < 30% calories from fat
- < 10% calories from saturated fat
- One third of the RDA for protein, calcium, iron, Vitamin A and Vitamin C

We offer a variety of sandwiches and pizza in addition to the "Daily Special" listed on the monthly menu. Veggie-burgers, 100% beef burgers, chicken patty sandwiches, assorted salads, low-fat yogurt, and hard-cooked eggs are also available as entrees. A student lunch consists of a minimum of 3 of the 5 of the following food groups: Meat / Meat Alternate; Bread / Grain; Vegetable; Fruit; and Low-Fat Milk. We encourage students to select from a variety of fruits, raw vegetables and tossed salad, all available daily. Our K-8 schools also offer when seasonal, premium fruits and vegetables such as fresh berries, sugar snap peas, asparagus, etc., for \$0.95 per serving. Whenever possible, we feature products made with whole grains, and we do not fry any of our menu items in the K-8 schools. Salad dressings are reduced-fat, and all milk selections contain 1% fat or less.

We offer gluten-free products in all schools. On days when pasta is served, we will have a gluten free option. Also, all schools will have gluten-free pizza available every Friday. A note may be placed on your student's account to alert the cashier of any allergies. Please contact your school nurse and the Food Service Director with any allergy concerns.

The cost of a student lunch in grades K-5 is \$2.60, and for William Annin students is \$2.75. Low-fat milk for \$0.70, bottled water for \$0.80, 4oz juice \$0.65. All of these beverages can also be included in a student lunch. Our district utilizes a computerized POS (Point of Sale) system in the cafeterias. Elementary students identify themselves to the system using 3-or 4-digit PIN numbers, which is assigned to new students in September. Middle and High School students use their six-digit student numbers. Students' photos are also attached to their accounts for enhanced security. If you would like your child to be able to purchase "Lunch Only", please notify the cafeteria manager at your child's school.

Payments to your K-5 student's account may be made by sending cash or check in an envelope marked with your child's name and classroom teacher. Please note your child's name on any payments made by check. Online payments may be made from the ***Myschoolbucks*** link on the district's website, www.bernardsboe.com. Elementary students are encouraged to turn in payments to their teacher when possible. Middle school students may place their payments in either the lockbox in the WAMS entrance or the cafeteria. Deposits to RHS student accounts may be made at any time. Cash is still accepted in all of our cafeterias, but we hope that you will take advantage of our debit system, because reducing the amount of cash-handling in our lunch lines keeps the lines moving rapidly.

Yours in Service,

Steven Tardibuono
Food Service Director
ARAMARK Education Food Service
Bernards Township Schools