



Somerset Hills YMCA

ADVENTURE GUIDES

Adventure Guides is one of the oldest family programs in the YMCA. One parent and one child or children spend time together on their own, sharing experiences that lead to a better understanding of each other and a closer relationship. They participate in the program within the context of a small community. Parents guide their children through a wide array of experiences aimed at helping children reach their full potential. And parents grow too. The bond they develop with their children is sure to last a lifetime. The leadership skills they acquire and the friends that they make create lasting memories. You and your child will become

FRIENDS FOREVER!

Adventure Guides Dads is a dad/daughter or dad/son group for children in Kindergarten through 3rd Grade. They participate in three campouts a year at YMCA camps in NY, NJ, and PA. This year they also had sleepovers at the Battleship New Jersey, NJ Aquarium, the Intrepid, and the Philadelphia Zoo. As a "circle" they also go hiking, rollerblading, bowling, skiing with other dad/child pairs.

How do I join? If you know someone in an existing circle you can join up with them. We have 20 Adventure Guides boys circles and 20 girls circles. Ask your friends or your child's friends if they are already involved in Adventure Guides. If you don't know of anyone, then we can place you in a circle in September based on your child's age and/or school. Or you can start a circle of your own. All you need is 3 or 4 dad/child pairs to get a circle started. For more information on how to participate please contact Mary McCabe at 908-766-7898 x1120. The program begins in September and ends in June.

Y-Trail Programs (4-6th Grade)

Trail Blazers is a new group for dads/boys in 4-6 grade. For this program, the dads and boys will be participating in more challenging activities such as rafting, hiking, and tent camping.

Trail Mates is a similar program for dads/daughters in 4-6 grade.

Groups are forming now!

For more information please join us at our

Adventure Guides/Y Trail Guides

Kick-off Party*

September 12, 2010

1-4 pm



Please contact Mary McCabe at 908-766-7898 x1120 for more information.
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