

## **Somerset Hills Girls Lacrosse Needs Coaches to Meet Team Requirements**

Somerset Hills Girls Lacrosse is looking to launch its registration for the 2011 season but needs new coaches to meet the growing team requirements. If you have a daughter in any grade between 4<sup>th</sup> and 8<sup>th</sup> grade that is interested in playing lacrosse we need your help.

We will train you and provide all of the necessary support to help you help us meet our coaching requirements in providing a safe and fun experience for the girls. We will field teams based on the number of coaching commitments we have. Last year we had to turn players away as we didn't have enough coaches to meet the team requirements. Registration is final and we can't add teams to our league after December 31, 2010.

Any coach who fulfills the season commitment will be reimbursed their player registration fee. If you don't have a child playing but would like to help you can apply the registration fee credit to another player/family in the program. That would require you to be at 75% of all practices and games. Practice times will vary in the beginning of the season based on the weather and access to the turf field at Ridge High. Our normal schedule is Tuesday, Thursday evenings and Saturday mid morning. Our home field is at Astor Field between Ridge High School and Bernards Twsp. Municipal Building.

For a rewarding and fun experience and to ensure we can make the game available to as many girls as possible please contact Brian DeWitt ([bdewitt01@gmail.com](mailto:bdewitt01@gmail.com)), Lori Brown ([lori@t3lacrosse.com](mailto:lori@t3lacrosse.com)) Bruce Gray ([bgray\\_07920@yahoo.com](mailto:bgray_07920@yahoo.com)) or Jennifer Behrins ([jhbehrins@gmail.com](mailto:jhbehrins@gmail.com))

**About Somerset Hills Girls Lacrosse-** At Somerset Hills Girls Lacrosse we offer girl team play for 5<sup>th</sup>/6<sup>th</sup> and 7<sup>th</sup>/8<sup>th</sup> graders with varying degrees of ability. We compete under the jurisdiction of the New Jersey Junior Girls Lacrosse League ([www.njjgll.com](http://www.njjgll.com)). Our objective is to help develop each player's skill level and conditioning while incorporating the ethos of team work, competitive spirit and respect. Our promise to each player is that they will have the opportunity for equal playing time, personal development and fun based on their participation. If a player practices they play equally regardless of skill. Our requirement of players and their parents are to the team rules, schedule and good sportsmanship.